

A Day for Taking a Pause

Words to Stay With



Collection 29

10 quotations · English tracing · 14 pages

Making this book yours

Set your current task aside for a while and make space for rest and simple pleasure.

One sentence at your pace

Look at the illustration, read the quotation, trace the grey models and write in your own hand. Start anywhere. You may skip a line or leave a different thought.

Print and bind

Use A4 portrait at actual size (100%). For double-sided printing, flip on the long edge: seven sheets per book. Single-sided printing uses fourteen sheets. Bind on the left with staples or rings. This file is not imposed for folded booklet printing.

Try one page first

Print page 4 to check the two grey models and guide lines. If they are too faint, turn off toner-saving mode and try normal print quality. The line below should measure 10 mm.

———— 10 mm

The ten quotations

Begin with the quotation that draws you in.

01	Leisure is the mother of philosophy.	4
02	I'm as proud of what we don't do as I am of what we do.	5
03	When virtue has slept, she will get up more refreshed.	6
04	Inside myself is a place where I live all alone and that's where you renew your springs that never dry up.	7
05	Take a music bath once or twice a week for a few seasons, and you will find that it is to the soul what the water bath is to the body.	8
06	Oh for a book and a shady nook...	9
07	My personal hobbies are reading, listening to music, and silence.	10
08	Under all speech that is good for anything there lies a silence that is better. Silence is deep as Eternity; speech is shallow as Time.	11
09	Summer afternoon - Summer afternoon... the two most beautiful words in the English language.	12
10	Not a shred of evidence exists in favor of the idea that life is serious.	13

Leisure is the mother of philosophy.

Thomas Hobbes



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I'm as proud of what we don't
do as I am of what we do.

Steve Jobs



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When virtue has slept,
she will get up more refreshed.

Friedrich Nietzsche



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Inside myself is a place where I live
all alone and that's where you renew
your springs that never dry up.

Pearl S Buck



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where you renew your springs that never dry up.

Inside myself is a place where I live all alone and that's
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Inside myself is a place where I live all alone and that's
where you renew your springs that never dry up.

Take a music bath once or twice
a week for a few seasons,
and you will find that it is to the soul
what the water bath is to the body.

Oliver Wendell Holmes



Take a music bath once or twice a week for a few seasons, and you will find that it is to the soul what the water bath is to the body.

Oh for a book and a shady nook...

John Wilson



Oh for a book and a shady nook...

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Oh for a book and a shady nook...

Oh for a book and a shady nook...

Oh for a book and a shady nook...

Oh for a book and a shady nook...

My personal hobbies are reading,
listening to music, and silence.

Edith Sitwell



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listening to music, and silence.

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Under all speech that is good for anything
there lies a silence that is better.
Silence is deep as Eternity;
speech is shallow as Time.

Thomas Carlyle



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there lies a silence that is better.

Silence is deep as Eternity; speech is shallow as Time.

Under all speech that is good for anything

there lies a silence that is better.

Silence is deep as Eternity; speech is shallow as Time.

Summer afternoon - Summer afternoon...
the two most beautiful words
in the English language.

Henry James



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the two most beautiful words in the English language.

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the two most beautiful words in the English language.

Not a shred of evidence exists in
favor of the idea that life is serious.

Brendan Gill



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After the last word,
your own words continue.

What would you like to set aside, and how would you like to spend a pause?

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