

The Many Forms of Courage

Words to Stay With



Collection 03

10 quotations · English tracing · 14 pages

Making this book yours

Explore courage in trying, in being careful and in listening.

One sentence at your pace

Look at the illustration, read the quotation, trace the grey models and write in your own hand. Start anywhere. You may skip a line or leave a different thought.

Print and bind

Use A4 portrait at actual size (100%). For double-sided printing, flip on the long edge: seven sheets per book. Single-sided printing uses fourteen sheets. Bind on the left with staples or rings. This file is not imposed for folded booklet printing.

Try one page first

Print page 4 to check the two grey models and guide lines. If they are too faint, turn off toner-saving mode and try normal print quality. The line below should measure 10 mm.

———— 10 mm

The ten quotations

Begin with the quotation that draws you in.

01	Courage is fear that has said its prayers.	4
02	Let bravery be thy choice, but not bravado.	5
03	The better part of valour is discretion.	6
04	Feel the fear and do it anyway.	7
05	Life shrinks or expands in proportion to one's courage.	8
06	Courage is the ladder on which all the other virtues mount.	9
07	Courage is doing what you're afraid to do. There can be no courage unless you're scared.	10
08	Know how to listen, and you will profit even from those who talk badly.	11
09	It is curious that physical courage should be so common in the world and moral courage so rare.	12
10	In a false quarrel there is no true valour.	13

Courage is fear that has said its prayers.

Dorothy Bernard



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Let bravery be thy choice, but not bravado.

Menander



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The better part of valour is discretion.

William Shakespeare



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Feel the fear and do it anyway.

Susan Jeffers



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Life shrinks or expands in
proportion to one's courage.

Anais Nin



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Courage is the ladder on which
all the other virtues mount.

Clare Booth Luce



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Courage is doing what you're afraid to do. There can be no courage unless you're scared.

Eddie Rickenbacker



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Know how to listen, and you will profit
even from those who talk badly.

Plutarch



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It is curious that physical courage should be so common in the world and moral courage so rare.

Mark Twain



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In a false quarrel there is no true valour.

William Shakespeare



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After the last word,
your own words continue.

What courageous action would you like to try?

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