

Reading Everyday Joy

Words to Stay With



Collection 15

10 quotations · English tracing · 14 pages

Making this book yours

Find different forms of joy in beginnings, the process, laughter and the present.

One sentence at your pace

Look at the illustration, read the quotation, trace the grey models and write in your own hand. Start anywhere. You may skip a line or leave a different thought.

Print and bind

Use A4 portrait at actual size (100%). For double-sided printing, flip on the long edge: seven sheets per book. Single-sided printing uses fourteen sheets. Bind on the left with staples or rings. This file is not imposed for folded booklet printing.

Try one page first

Print page 4 to check the two grey models and guide lines. If they are too faint, turn off toner-saving mode and try normal print quality. The line below should measure 10 mm.

———— 10 mm

The ten quotations

Begin with the quotation that draws you in.

01	Energy is eternal delight.	4
02	The only joy in the world is to begin.	5
03	The gratification comes in the doing, not in the results.	6
04	Laughter is by definition healthy.	7
05	A day without laughter is a day wasted.	8
06	Laughter is the closest distance between two people.	9
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Energy is eternal delight.

William Blake



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The only joy in the world is to begin.

Cesare Pavese



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The gratification comes in the doing,
not in the results.

James Dean



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Laughter is by definition healthy.

Doris Lessing



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A day without laughter is a day wasted.

Charlie Chaplin



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Laughter is the closest
distance between two people.

Victor Borge



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The joy of a spirit
is the measure of its power.

Ninon de Lenclos



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Blessedness is not the reward
of virtue but virtue itself.

Baruch Spinoza



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Gratitude is not only the greatest of virtues,
but the parent of all others.

Cicero



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Just play. Have fun. Enjoy the game.

Michael Jordan



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After the last word,
your own words continue.

What small, specific moment brought you joy today?

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