

When the First Step Feels Hard

Words to Stay With



Collection 26

10 quotations · English tracing · 14 pages

Making this book yours

Consider a possible first step and thoughtful action without demanding perfect readiness.

One sentence at your pace

Look at the illustration, read the quotation, trace the grey models and write in your own hand. Start anywhere. You may skip a line or leave a different thought.

Print and bind

Use A4 portrait at actual size (100%). For double-sided printing, flip on the long edge: seven sheets per book. Single-sided printing uses fourteen sheets. Bind on the left with staples or rings. This file is not imposed for folded booklet printing.

Try one page first

Print page 4 to check the two grey models and guide lines. If they are too faint, turn off toner-saving mode and try normal print quality. The line below should measure 10 mm.

———— 10 mm

The ten quotations

Begin with the quotation that draws you in.

01	Well begun is half done.	4
02	The only joy in the world is to begin.	5
03	Self-confidence is the first requisite to great undertakings.	6
04	A good plan, violently executed now, is better than a perfect plan next week.	7
05	Well done is better than well said.	8
06	First weigh the considerations, then take the risks.	9
07	Whatever you do, do cautiously, and look to the end.	10
08	For the things we have to learn before we can do them, we learn by doing them.	11
09	Small opportunities are often the beginning of great enterprises.	12
10	Wheresoever you go, go with all your heart.	13

Well begun is half done.

Aristotle



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The only joy in the world is to begin.

Cesare Pavese



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Self-confidence is the first
requisite to great undertakings.

Samuel Johnson



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George S. Patton



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Well done is better than well said.

Benjamin Franklin



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First weigh the considerations,
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Helmuth von Moltke



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Unknown



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Demosthenes



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Confucius



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After the last word,
your own words continue.

What first step is possible now, and what preparation does it need?

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