

Gentle and Grounded

Words to Stay With



Collection 20

10 quotations · English tracing · 14 pages

Making this book yours

Explore courtesy, humility, gratitude and self-awareness in relationships.

One sentence at your pace

Look at the illustration, read the quotation, trace the grey models and write in your own hand. Start anywhere. You may skip a line or leave a different thought.

Print and bind

Use A4 portrait at actual size (100%). For double-sided printing, flip on the long edge: seven sheets per book. Single-sided printing uses fourteen sheets. Bind on the left with staples or rings. This file is not imposed for folded booklet printing.

Try one page first

Print page 4 to check the two grey models and guide lines. If they are too faint, turn off toner-saving mode and try normal print quality. The line below should measure 10 mm.

———— 10 mm

The ten quotations

Begin with the quotation that draws you in.

01	Manners maketh man.	4
02	Pride sullies the noblest character.	5
03	Rudeness is the weak man's imitation of strength.	6
04	The less their ability, the more their conceit.	7
05	Never underestimate your own ignorance.	8
06	Gratitude is the most exquisite form of courtesy.	9
07	There is no duty more obligatory than the repayment of kindness.	10
08	Only the gentle are ever really strong.	11
09	Good manners will open doors that the best education cannot.	12
10	The firm, the enduring, the simple, and the modest are near to virtue.	13

Manners maketh man.

William of Wykeham



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Pride sullies the noblest character.

Claudianus



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Rudeness is the weak man's
imitation of strength.

Eric Hoffer



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The less their ability, the more their conceit.

Ahad HaAm



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Never underestimate your own ignorance.

Albert Einstein



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Gratitude is the most exquisite
form of courtesy.

Jacques Maritain



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Cicero



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Only the gentle are ever really strong.

James Dean



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Good manners will open doors
that the best education cannot.

Clarence Thomas



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Confucius



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After the last word,
your own words continue.

What words could respect another person while honoring your own needs?

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